

**Thought for the day – Thursday 9<sup>th</sup> March 2023**

**By Revd John Marshall**

**Abba Amma The well in the wilderness**

Abba Amma

You are the sweet well

for the one who thirsts

in the desert

It is closed

to those who speak

but open

to those who are silent

Amma Abba

I come in silence

Let me find the well

Nicola Slee Canterbury Press

It is good to meditate on references to wells and water in the Bible. Jesus said he can give living water.