THOUGHT FOR THE DAY: Friday 5th May 2023

By Revd John Ohen

Faith

When I was on my long Easter vacation. I was reflecting on few things like, Why do we believe? Or Why do we go to Church or Does God exist?

These are questions that come up sometimes in our lives. It is very good to examine ourselves and ask questions or asking ourselves why we do the things we do. Otherwise, we do things simply out of duty.

At the heart of our Christian faith is a dynamic and personal relationship with Jesus Christ of Nazareth. He is the risen Lord and Creator. He is the Alpha and Omega, the beginning, and the end. He is the One in whom the Christian revelation is rooted.

Faith is a supernatural gift. It is infused into our minds and hearts by the grace of the Holy Spirit. We can't fabricate it or conjure it, Faith involves both the gift of faith and the work of our reasoning. Faith is the foundation upon which each of us approaches God. The entire Christian project is built upon faith. Paul proclaimed that "by grace you have been saved through faith" (Eph. 2; 8) and we are justified by Faith. Roman 5. 1). Faith means that we are prepared to put all our hope, trust, and certainty in God because we are sure of what we hope for and certain of what our senses do not see.

BIBLE PASSAGE: Mark 6: 1 – 6.

Prayer by Thomas Aquinas.

O Lord my God, give me the understanding to know you, diligence to seek you, wisdom to find you, and faith to embrace you and live by your commands.