

## Thought for the day – Thursday 5<sup>th</sup> October 2023

By Revd John Marshall

### Prayers from You made us to be free 2 CMS

Rt Rev Dr Michael Nazir-Ali

Father in heaven, we pray for all those who are forced to work without reward and in harsh conditions, including children, the infirm and the old. We pray that they may be liberated from their bondage through the power of the one who came to bring liberty to the captives, even Jesus Christ, our blessed Saviour and Lord. Amen

A Prayer used by Rt Rev Christopher Chessum at the end of a meeting at Holy Trinity Clapham.

Take fire and burn our guilt and our lying hypocrisies. Take water and wash away our brothers' blood which we have caused to be shed. Take hot sunlight and dry the tears of those we have hurt, and heal their wounded souls, minds and bodies.

Take love and root it in our hearts, so that brotherhood may grow, transforming the dry desert of our prejudices and hatreds.

Take our imperfect prayers and purify them, so that we mean what we pray and are prepared to give ourselves to you along with our words, through Jesus Christ, who did not disdain to take our humanness upon him and live among us, sharing our life, our joys and our pains.

Anon.

The set all free prayer

Gracious and liberating God lift us beyond the burdens of pain and guilt, build our memories into life giving resolutions, give us the vision of a new creation, strengthen us to act for justice and human dignity, and set all free.

(Pauline Bower)

- Prayers from You made us to be free. (To mark the Bicentenary of the Abolition of the slave trade) Edited by Pauline Bower CMS.