## Thought for the day – Wednesday 4<sup>th</sup> October 2023

## By Revd John Ohen.

## What are we doing for others?

The time has come again for either Flu or COVID -19 jab. The NHS and the medical staff are still making this possible for those who want to take the jab. We all should be in the habit of caring for one another.

As Christians we should equally pray for everyone including the sick, family and friends, those in authority and the prisoners, wherever, they may be, we should remember everyone in our prayers. Even prisoners who might spend the rest of their lives in prison. Actually, they are not the only ones in prison. We have the prison staff, support staff, admin, cooks, cleaners, and so on. Can you imagine knowing that you have to spend the rest of your life behind bars. Imagine a wide, concrete, windowless corridors, it is soul-less, draughty, and uninspiring. Most people would rather walk ten miles in the other direction than have anything to do with prison.

The prisoners are served by Chaplaincy team from different denominations and Faiths. I used to help out as a volunteer in our two local prisons, and they are always looking for more volunteers. Chaplaincy teams are often very well regarded in the Prison system, so they all need more volunteers and our prayers. We are all our brothers keepers. We all should play our own part no matter how small, because every little help goes a long way. The Bible teaches us that we do not live by bread alone, but on every word that comes from the mouth of God. (Matthew 4.4).

## Prayer.

Heavenly Father, thank you for the talent you have given me. Help me to serve others and humbly to be served by those who have talents I do not possess, giving praise to your name because of the generous gifts, talents, and graces you pour out on us all.