

Thought for the day – Friday 26th May 2023

By Revd John Ohen.

Holy Spirit.

Living the life in the power of the Holy Spirit is at the heart and the essence of the Christian vocation. As we open up our lives to this power, we will begin to manifest the fruits and gift of the Spirit. Paul as in Galatians 5. 22 – 23 said that the fruits of the Spirit are love, Joy, Peace, patience, kindness, goodness, and self- control. Paul equally says that love is the greatest fruit of the Spirit, as in 1. Corinthians 13.4 – 7

The Spirit can give us the power, the grace, and the strength to live and act in a way that we cannot do on our own. The Spirit can give us the grace to forgive when we know that we could not. The Spirit can give us the power and courage to stand up and witness to our faith, when we know that of ourselves, we could not. This is what it means to live a life in the power of the Spirit.

The Holy Spirit is the gift and the blessing of Pentecost. It is given to us so that we can live the lives of love. St Augustin reminds us that love alone distinguishes the children of God from the children of the evil one. He also said that when we are born of the Spirit, we are born to love and the power to love is the gift of the Spirit.

Bible Passage. John 15. 26 – 27, 16. 12 – 15.

Prayer. Holy Spirit fill the hearts of your faithful with the fire of your love.