

Thought for the day - Friday 24th March 2023

by Revd John Ohen.

Repentance.

There is a famous saying that “charity begins at home”, and so too does repentance and forgiveness. The home is where we live out and put into practice the Beatitudes. The people we live with, our dearest and nearest are the people we need to ask forgiveness of and often forgive. It is here that our faith is tested, purified, and refined. Anger and resentment can often be directed towards the very people we love and care about most. We can let things fester and remain unresolved. We can be slow to anger, slow to confess and reluctant to hold out the gift of forgiveness. Lent is the perfect time for us to let go. Lent is also a time for healing and reconciliation and repentance in our lives.

The more we repent, the easier it is to repent. The less we repent the harder it is to repent. God’s love and mercy is everlasting, deeper than the oceans and wider than the sea.

Bible passage: John 7: 1 - 10, 40 -52

Prayer:

Lord as I gaze upon your Cross, may your Spirit create in me a truly humble and repentant heart. Lord teach me the craft of repentance and the art of forgiveness.

Amen.