

Thought for the day – Friday 23rd June 2023

By Revd John Marshall

Oxford book of Prayers Bernard Society of Saint Francis

I found this prayer interesting, I think it may be helpful.

(Seeking)

Lord, I want to love you, yet I am not sure.

I want to trust you, yet I am afraid of being taken in.

I know I need you, yet I am ashamed of the need.

I want to pray, yet I am afraid of being a hypocrite.

I need my independence, yet I fear to be alone.

I want to belong, yet I must be myself.

Take me, Lord, yet leave me alone.

Lord, I believe, help thou my unbelief.

O Lord, if you are there, you do understand, don't you?

Give me what I need but leave me free to choose,

Help me work it out my own way, but don't let me despair.

Come unto me, O Lord ---- I want you there.

Lighten my darkness ---- but don't dazzle me.

Help me to see what I need to do and give me strength to do it.

O Lord I believe, help thou my unbelief.

Ed G Appleton

How do you pray?