

Thought for the day – Wednesday 18th January 2023

By Revd John Marshall

Two poems by Ann Lewin in Seasons with the Spirit

Be still

You do not have to

Look for anything, just

Look

You do not have to

Listen for specific

Sounds, just

Listen

You do not have to

Accomplish anything, just

Be.

And in the

Looking, and the

Listening and the

Being: find

Me

1989 Churches Together in Britain and Northern Ireland

Disclosure

Prayer is like watching for the

Kingfisher. All you can do is

Be where he is likely to appear, and

Wait.

Often, nothing much happens
There is space, silence and
Expectancy.
No visible sign, only the
Knowledge that he's been there
And may come again,
seeing or not seeing cease to matter
You have been prepared.
But when you've almost stopped
Expecting it, a flash of brightness
Gives encouragement.
Churches together in Britain and Northern Ireland

We do like watching the birds at Barnes and other places. We saw pink footed
geese in a puddle on the common.
It is good and prayerful to see them.