

Thought for the day – Thursday 10th August 2023

By Revd John Marshall

The Russian Kontakion for the Departed

Give rest, O Christ, to thy servant with thy saints:

where sorrow and pain are no more;

neither sighing but life everlasting.

Thou only art immortal, the creator and maker of man:

and we are mortal, formed from the dust of the earth,

and unto earth shall we return,

for so thou didst ordain,

when thou created me saying:

‘Dust thou art and unto dust shalt thou return.’

All we go down to the dust;

and weeping over the grave we make our song

Alleluia, alleluia, alleluia.

One of Richard Coles favourite funeral prayers in

The Madness of Grief A Memoir of Love and Loss.

It is good to remember, Christ is with us as we mourn.