

St James News: Thought for the day, Tuesday 7<sup>th</sup> April 2020

## Thank you for windows

- Jill Howard-Gunasekera

Father thank you for windows,  
thank you that we can watch the life of nature,  
thank you for blue skies, creatures, and trees

help us to receive healing from your creation at this time,  
help us to receive quiet confidence in your love  
in the determined pace of the ant, walking back with a piece of food,  
the sparrow alighting on a branch and singing

a tree swaying in the breeze,  
a new flower opened,  
a ray of sunlight falling across a table,  
a fox sleeping quietly in the sun,

In nature let us see your smile of encouragement and love.



Song: In the Quiet - a mediation by Garth Hewitt - you can listen to it here <https://www.youtube.com/watch?v=oUY4wnGyv4w&feature=youtu.be>

Bible Verse:

The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness

- Lamentations 3:22-23