

St James News: Thought for the day – Tuesday 25th August 2020

Oxford book of prayers 2 – Rev John Marshall

In this time of anxiety we may recognise the feelings of Akana Ibaim.

O Lord, we beseech thee to deliver us from the fear of the unknown future, from fear of failure, from fear of poverty, from fear of bereavement, from fear of loneliness, from fear of sickness and pain, from fear of age, and from fear of death. Help us, O Father, by thy grace to love and fear thee only, fill our hearts with cheerful courage and loving trust in thee, through our Lord and Master Jesus Christ.

Akanu Ibaim Nigeria

I John 4.18 Perfect love casts out fear.

An African Canticle

All you big things, bless the Lord

Mount Kilimanjaro and Lake Victoria

The Rift Valley and the Serengeti Plain

Fat baobabs and shady mango trees

All eucalyptus and tamarind trees

Bless the Lord

Praise and extol him for ever and ever.

All you tiny things, bless the Lord

Busy black ants and hopping fleas

Wriggling tadpoles and mosquito larvae

Flying locusts and water drops

Pollen dust and tsetse flies

Millet seeds and dried dagas

Bless the Lord

Praise and extol Him for ever and ever.

It might be good to think of our own canticles – what would we like to praise God for?