

Thought for the Day: Tuesday 21st April 2020

He has brought us peace

- Revd Kit Gunasekera

My Friends, the Bible says:

*¹⁹ For God was **pleased** to have all his fullness dwell in him (Jesus), ²⁰ and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross. - Colossians 1: 19-20*

God was in Jesus, and has reconciled **all things** to Him self, through His death and resurrection. It means we are with God, and God is with us. The result is peace. This kind of peace is much more than absence of conflict. Its reconciliation, harmony, well being, of all living things and all relationships.

We are waiting and called to work, for that to be a reality in our world. But it starts with our relationship with God, and it is something we can receive now by faith. And we see now, glimpses of this cosmic reconciled peace, in these troubled times, - in acts of bravery, kindness, compassion, generosity – undertaken by people of faith and no faith, between strangers and between friends and loved ones. And also between animals! God is in all!

May we say a prayer of thanks that we are reconciled to God and can know a peace which passes understanding, and may we say a prayer of thanks for the acts of love, kindness and peace we see and hear and have received.

Song: My peace I give you by Taize – you can listen to it here -

<https://www.youtube.com/watch?v=q-TIUXM1gns>

My Peace I Leave you
My Peace I Give you
Trouble not your hearts.

My Peace I Leave you
My Peace I Give you
Be not afraid.

