

Thought for the Day – Monday 19th April 2021

Revd Kit Gunasekera

Digging Deep

⁴⁶ “Why do you call me, ‘Lord, Lord,’ and do not do what I say? ⁴⁷ As for everyone who comes to me and hears my words and puts them into practice, I will show you what they are like. ⁴⁸ They are like a man building a house, **who dug down deep and laid the foundation on rock**. When a flood came, the torrent struck that house but could not shake it, because it was well built. ⁴⁹ But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete.”

- Luke 6:46-end

I came across this reading this morning. I was struck by the phrase, *who dug down deep* to lay a foundation...Laying a good foundation is of course crucial to any building. But the digging and the laying, is 'unseen' work. It won't be recognized or appreciated. I have never looked at a building and thought to myself, what a marvellous foundation!

To follow Jesus, to be a disciple of His, to be the best version of who we are, requires digging deep, and aligning of the un-seen and often unappreciated parts of our lives with Jesus teaching. This involves things such as bible reading, prayer etc, but its also about living the daily 'small' moments well, the daily opportunities to Love God, Love our neighbour as we Love our selves...when no one sees us and will appreciate it -but we will know it, and God will as well.