## Thought for the day – Ash Wednesday 17<sup>th</sup> February 2021

## What did Jesus do for 40 days? - Revd Kit Gunasekera

Lent is a time when we think about Jesus 40 days in the wilderness, being tempted. But apart from the temptations, what did Jesus o for 40 days? I came across a video on you tube which beautifully reflects on this. Its a series of 40 images with music in the back ground. I love the way Jesus' humanity comes across and his interaction with nature at the start. The gradual toll the fast and isolation takes on him is powerfully illustrated and it gives a plausible context to his temptations. I would love to hear you thoughts on it. The song which accompanies it may or may not be to everyone's taste, but you can always turn down the volume!

The video can be seen here It is just over 5 mns long.