## Thought for the day – Thursday 11<sup>th</sup> February 2021

By Revd John Marshall

David Adams 4 Journeying / Sea tides

It is a good while since we have been to Lindisfarne, Holy Island. I can remember a good meal in a pub possibly a pie. We had to be sure we would cross the causeway and get back.

Maggie has fond memories from the Farne Islands when she took children from Sudbourne Primary School in Brixton to Northumberland on School Journey for 2 weeks in the Seventies when you were able to go out by boat and land there and walk around. I visited the Northumberland coast with my parents and brothers when visiting Ma and Da (Mum's mother and step-father) in Lanchester. When we go up to the North East, it is great to go to the sea and coast.

The sea and tide are important in Celtic Spirituality.

## Journeying

I set my little ship to sea Let thine eye Lord be over me My little craft upon the brine Keep me Lord for I am Thine.

This day dear Lord with me go If life ebb or if life flow This day dear Lord be with me On firm ground or all at sea.

God ahead, God behind God be in the path I wind God above, God below God be everywhere I go God in the steep God in the shade God me safe keep Come to my aid. Surround me and my dwelling Let the power of the mighty sea Flow in Lord, and strengthen me. Tide of Christ covering my shore That I may live for evermore.

> Whatever the tide The Lord at my side In storm or in calm To keep me from harm In good or in ill He's with me still

Some things in life ebb as others flow And some things flow as others ebb. Lord, let my praises never reach am ebb tide.

David Adams Borderlands SPCK

May God keep us safe and praising Him.