

Thought for the Day – Tuesday 16th February 2021

By Revd John Marshall

David Adam, Lift us Lord, from Borderlands

(I would like to share some more of David Adam's prayers from the Celtic tradition.)

Lift us Lord

Into the stormy sea

You descended and lifted Peter.

Into the storms of sickness

You descended and lifted Jairus's daughter.

Into the storms of madness

You descended and lifted legion.

Into the storms of death

You descended and lifted Lazarus.

Into the storms of hell

You descended and lifted us all.

Lift us Lord

From darkness to light

From sickness to health

From distress to calm.

Lift us Lord

From sadness to joy

From fear to faith

From loneliness to love.

Lift us Lord

In mind and in spirit

In word and in deed

In body and in soul.

David Adam Borderlands SPCK