

Thought for the day – Wednesday 24th August 2022

by REVD KIT GUNASEKERA

Lighter burdens

Last Wednesday, a mighty thing occurred. Rain! A great deluge of it. The thing we have been hoping and praying for. Such was the deluge, that it not only stopped play at Lord's, but also at the Clapham Picture House, where Jill and I had planned to watch Elvis, but got cancelled due to leaks. Not sure if that was a bad thing or a good thing!

We have seen how desperately our land, gardens, fields, commons have needed water. The need for water is a huge theme in the bible, both for our physical life but also for our spiritual life. The burdens of life slowly or quickly can wear us out.

Psalm 42 begins with: "As the deer pants for the water so my soul longs after you"

Isaiah 58: 11 says: "You will be like a well watered garden, like a spring whose waters never fail", the condition for this, is to love God, and to love our neighbour.

Some of us our carrying huge burdens and are feeling worn out. The news have shown us terrible things that are happening. Jesus said, that if we come to Him, He won't add to our burdens, but that He will give us rest and make the load lighter.

Bible Reading: Matthew 11:28-30