

**Thought for the day – Thursday 30<sup>th</sup> June 2022**

**By Revd John Marshall**

**The Grace of Forgiving Sybil Phoenix**

I remember Sybil Phoenix as a great community leader. I was struck by these thoughts.

It hurts too much to hate. Hating is a burden to me. For me to survive and to be useful to myself and the community I serve I find it easier to forgive. You may dislike what someone or the community does to you. But I cannot cope with hating, even though I get angry with what is done to me. But in the end I find it easier to discover ways of forgiving a person what they have done to me than to continue to hold something against them.

Because of that I get into hot water. People condemn me, yet I find it difficult to be other people's judge and jury. You see, because of my own sin I see how easy it is to do wrong things. Because I am a follower of Him who said, "The person who is without sin cast the first stone." I try to live by forgiveness.

- Living by Grace Canterbury Press