

Thought for the day – Friday 12th August 2022

By Revd John Marshall

Aled Jones Everyday Blessings An Ute prayer.

I like this meditation.

Earth teach me quiet – as the grasses are still with new light.

Earth teach me suffering – as old stones suffer with memory.

Earth teach me humility – as blossoms are humble with beginning.

Earth teach me caring – as mothers nurture their young.

Earth teach me courage -- as the tree that stands alone.

Earth teach me limitation – as the ant that crawls on the ground.

Earth teach me freedom – as the eagle that soars in the sky.

Earth teach me acceptance – as the leaves that die each fall.

Earth teach me renewal – as the seed that rises in the spring.

Earth teach me to forget myself – as melted snow forgets its life.

Earth teach me to remember kindness – as dry fields weep with rain.

Hodder and Stoughton

What can we learn from God's creation?