

Thought for the day – Monday 2nd October 2023

By Revd Kit Gunasekera

The very dimly lit path

Sometimes when I hear of terrible news in our world, or things happen in my life that makes me feel afraid, or for some other reason, I question whether I can really believe and trust in a good and loving God. I suspect that is true for many people. Those times can feel very unsettling, a bit like the ground you are standing on is in danger of giving way. Although, in some of those times, I find myself moving closer to God, and my spirit settles down, there are other times, where I find no rest.

In those times, I think of Jesus, on the Cross, at the height of his suffering, when internally unsettled in the midst of unspeakable physical pain, He cried out for answers from God. He wanted to know why God had forsaken Him. He probably wanted to know if God still loved Him. If God still cared for Him. If He had done something to displease God. We don't know. But there was no answer from God. There was only silence. However, in those uncertain dark times, Jesus kept on going. He trusted God, in the silence and in the not knowing.

Although it doesn't answer the many questions I have, I find that, reassuring. His example, is a very dimly lit path, a way for me, in those times, to navigate through the darkness, so dimly lit that, at any one time, only the next couple of steps are illuminated.

Jesus said, "I am the way". I suppose, in the last analysis, it's a question of whether I can really trust Him.

