

Thought for the day – Wednesday 1st November 2023

By Revd John Marshall

Nicola Slee Source

This is the first prayer in her book Abba Amma

Amma, Abba, source from whom I came.
I reverence your name.

Your own beloved child
may I be bold

to work for your kingdom
on earth as in heaven,

I know my failure to care for my neighbour—
my sister, father, mother, brother.

You will forgive from your bountiful store
providing my needs, neither less nor more.

Out of the largesse of your grace,
give us all a place

at your overflowing table.
Feed us, that we may become able
to quieten our hungers,
attend to others, both near and strangers.

May we so linger in love
at your banquet— no hurry to move —

until we are filled with your joy
rising within and between us — pure unalloyed.

Abba Amma. Improvisations on the Lord's Prayer
Nicola Slee. Canterbury Press

The Lord's Prayer is a great gift, it is good to meditate with it.