

Thought for the day – Wednesday 10th April 2024

By Revd John Marshall

As we give thanks and pray in the morning here is a blessing by Stephen Cherry

'May this day be blessed'.
I do not know what that means
in advance.

I am asking for happiness
but not for anything superficial.

'May this day be blessed'.
I hope it will be indeed
But how?

I am asking for a visit of grace,
but not for anything disruptive.

'May this day be blessed'
If it is, it will not be my effort,
but by my acceptance.

I am asking for openness,
the capacity to receive.

'May this day be blessed'.
As was yesterday,
though I am not sure how.

Let my eye see backwards
and notice the blessing that was.

'May this day be blessed'.
I am confident it will be.

My prayer is not for anything more,
simply to see and feel and know.

'May this day be blessed'.
Not in the anticipation but
in the living.

'May this day be blessed'
Not by what I give or receive
but in what I see and feel.

'May this day be blessed'
And may I be part of the blessing.

Barefoot Prayers SPCK

May you be blessed this day and be a blessing.