## Thought for the day – Wednesday 16<sup>th</sup> February 2022 Revd Kit Gunasekera

## **Procrastination**

I came across these verses recently:

<sup>9</sup> Jesus answered, "Are there not twelve hours of daylight? Anyone who walks in the daytime will not stumble, for they see by this world's light. <sup>10</sup> It is when a person walks at night that they stumble, for they have no light." - John 11:9-10

This comes towards the start of the incident where Jesus raises Lazarus from the dead. Having been told that Lazarus was ill, Jesus stays where He is for two more days, and then tells His disciples that its time to go. These verses are in response to their surprise that Jesus wanted to go to a place where a little while back he found himself in great danger. The commentary I use indicates that the verses mean that there is enough time in the day to do what we need to, but not enough to waste. I would add to procrastinate.

Do you find that you are often short of time? I do. Do you procrastinate? Was Jesus procrastinating? I don't know. I know that I do. I am not talking about forgetting to do things, or those times when life is uncharacteristically busy, that we have to prioritise certain things over others. I mean, the things we have time to do and put off. It can feel such a relief to put off doing something I don't want to. But I find, that relief is temporary, it soon begins to nag me, leaving me feeling unsettled, disturbed internally. This week I have managed to do something I had put off, and the relief was and is wonderful!

I find its a lack of motivation and fear of some description which makes me procrastinate. Is there something nagging at you? Something left undone. Perhaps at the start of a new day, when (hopefully) we are at are most energetic, we can give this a go? If the thing seems too large, perhaps we can break it down into small parts, and just take the next step? We should ask God to help us, and He will.