## Thought for the Day – Monday 31<sup>st</sup> May 2021 Revd John Marshall

## **Oxford book of Prayers 4**

I return regularly to the Oxford book of prayers here are a couple to share. One by George Appleton the editor.

Grant to me, O Lord, to worship thee in spirit and in truth, to submit all my nature to thee, that my conscience may be quietened by thy holiness, my mind nourished by thy truth, my imagination purified by thy beauty. Help me to open my heart to thy love and to surrender my will to thy purpose. So may I lift up my heart to thee in selfless adoration and love through Jesus Christ my Lord.

I am getting forgetful and I apologise if I have shared the second before – but I find it charming.

An African Canticle

All you big things, bless the Lord

Mount Kilimanjaro and Lake Victoria

The Rift Valley and the Serengeti Plain

Fat baobabs and shady mango trees

All eucalyptus and tamarind trees

Bless the Lord.

Praise and extol Him for ever and ever

All you tiny things, bless the Lord

Busy black ants and hopping fleas

Wriggling tadpoles and mosquito larvae

Flying locusts and water drops

Pollen dust and tsetse flies

Millet seed and dried dayag

Bless the Lord

Praise and extol Him for ever and ever.

May God bless you all.