## Thought for the Day – Monday 8th November 2021

## **Rev Kit Gunasekera**

## The Light that guides us

When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." - John 8:12

We think a lot about light at this time of year. And as we head into the winter, we also do so, as we think about our faith and following Jesus, and we had a fun and lively time doing that at the Fire pit party on Saturday.

I am reminded of the Benedictus we often say at Morning Prayer, also known as Zachariah's song:

- 1 Blessed be the Lord the God of Israel, who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, born of the house of his servant David.
- 3 Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,
- 6 Free to worship him without fear, holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation by the forgiveness of all their sins.
- 9 In the tender compassion of our God the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

In our remembering of loved ones, honouring of those who have died for for our freedom, recovering from covid, recovering from flu, planning for an uncertain Christmas, and just getting on the daily grind, may we walk with The Light of the World, as He walks with us, and guides our feet into the way of peace.