

Thought for the Day – Friday 8th October 2021

By Revd John Marshall

What is worship? Bear Grylls Soul Friend

Bear Grylls was thinking about the nature of worship and he quotes from Jago Wynne, who I believe is the rector of Holy Trinity Clapham. “Worship is about what I say with my tongue. It’s about what I watch, what I think --- where I go with my feet.”

Bear Grylls continues “Worship can involve singing, but can’t just be about singing, it’s got to be something more.

Worship is about honouring God. We do that in how we live. Every kind deed we do, every act of mercy, every moment of humility, selflessness and generosity makes God smile. That’s worship”.

How do we worship God?

Sometimes it’s silence and being.

May God bless you all.