

**Thought for the Day – Thursday 22<sup>nd</sup> February 2024**

**By Revd John Marshall**

**‘Man shall not live by bread alone’**

Turn these stones to bread  
what use is that to me?  
I need more than bread  
to fulfil my ministry.

I need faithful people  
to be of use to me  
solid as these stones  
to fulfil my ministry.

My body is the bread  
that you take and consume.  
My spirit is the stone  
rolled from the empty tomb.

Heather Johnston. Scotland  
Let justice roll down. Christian Aid CAFOD

As Heather focuses on the stones we remember the faithful people, Palestinian and other Christians living and witnessing in the Holy Lands; they have been described as living stones.