

THOUGHT FOR THE DAY: THURSDAY 21ST JULY 2022

By Revd Kit Gunasekera

Water of life.

Last night I attended a 'Praying in your garden' meeting, on Zoom! We were invited to go outside either into our garden if we had one, or out into the streets and to see something green, and to reflect, using our senses, what God might be saying through it.

The first thing I saw, was our bird bath. Shaped like a heart, and full of water. It was placed a few meters from our lawn, which was decidedly not green! A few moments later I sat down and listened. I felt a cool breeze come and refresh me, but I also heard it flowing amidst the leaves, raising a song of praise to the Creator.

It reminded me of God's promise to refresh us when we feel dry and thirsty. Jesus said in John 4:14 whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

When we feel tired, fed up and spiritually thirsty, may we remember that the divine water is very close by. Indeed, may we come daily, to this source of life and be renewed in our spirits.

