

## **THOUGHT FOR THE DAY: Monday 6<sup>th</sup> November 2023**

By Revd Kit Gunasekera

I was struck by this quote by Marianne Williamson before she sang This little Light of Mine, which Jill found for last night's light party.

"Our worst fear is not that we are inadequate. Our deepest fear is that we are powerful beyond a measure. It our light, not our darkness that most frightens us. We ask our selves 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you not not to be? You are a child of God. You're playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God within us. It's not just in some off us, it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. as we are liberated from our own fear, our presence automatically liberates others"

- Mariane Williamson