

THOUGHT FOR THE DAY: Thursday 30th November 2023

By Revd Kit Gunasekera

10 Things

Did you know that Edward Woodward without the D becomes Ewar Woowar? This startling revelation was vouchsafed unto to me from an episode of Fry and Laurie!

The rather tenuous link to today's thought, is how much can change when something important is taken away! I told you it was tenuous! I was recently at a course and in one of the sessions, the speaker asked us to write down 10 things that defined us! 10 things that described us, that made us, us. He didn't spell it out but I took it to mean good things! We all groaned, but did the exercise anyway. After chatting for a bit, he then asked us to cross 7 of them out. Even louder groans, but focusing on the three I wanted to keep, I crossed out the seven. He then asked us to keep one and cross the other two out. I had written Child of God, so that stayed and the other two very reluctantly went. I think we all thought we knew the point he was making, but to our great surprise, he then asked us to cross the last one out. There was a near mutiny, but I think we all did that. He then went on to say that he was being deliberately provocative! What I got out of that exercise was what a loss it is to us and to others when we cross out, or hide away or are made to hide away the good things that make us who we are. When we do not let our light shine.

Of course, none of us are perfect, but it is good to remember, that we are all created in the image of a creative, loving, good, God. Who not only loves us but also likes us!

So, perhaps, take a few moments, to write down the 10 things that makes you you, or are important to you. and this time, rather than crossing them out, let us give thanks for them!

