

THOUGHT FOR THE DAY:

Good Friday 29th March 2024

By Revd John Ohen

In this Holy Week we should remember that Jesus laid down his life for us. So we are called to lay down our life for others.

Just as the Cross was Jesus' hour of glory, so too we are called to take up our cross and follow him. Only if we are willing to die to ourselves in this way will we know the joy of harvest in our lives.

Jesus transforms everything. An instrument of execution and death has become an instrument of life. Jesus did not recoil from his destiny. He knew that in the Cross his whole life had been a journey to the Cross. Jesus laid down his life for us.

The Cross reveals God's love - it makes it plain for all to see.

St Rose of Lima said that " Apart from the Cross there is no other ladder by which we may get to heaven.

Let us pray for the grace to understand the Cross in a new way as the source of all life, all blessing and every grace.

Bible passage. John 12. 20 - 33.

Prayer. Lord, grant me the gift of self-knowledge, that I fall on my knees before you in praise, thanks and gratitude for saving me