

## **THOUGHT FOR THE DAY: Wednesday 2<sup>nd</sup> August 2023**

**By Revd Kit Gunasekera**

### **Wild Spirituality**

Jill and I are growing a 'wild flower' bit in our garden. We have cut a path that winds its way through it. The unexpected wild flowers, butterflies and various insects have brought us a lot of joy. We are not sure how far we can just let it be, but we will for as long as we can!

I was struck by this by Draper and Green in their book *Soulful Nature*.

"Its tempting to make the outward appearance of life look trimmed and neat, controlled and presentable. Yet the end result can be like a garden with such carefully manicured lawns that we are afraid to walk on the grass, let alone let kids to kick a football on it, or invite any wildlife in to make its home there. (Some of us) like to have (our) religious beliefs perfectly arranged too. Yet it's often on the blurred edges of life that faith really flourishes, if given the chance"

They end with a quote from Jane Upchurch in her book *A Leaf Between My Toes*.

"Perhaps God's perfection isn't just a smooth Rose, but includes the gritty soil, the falling away to fruit and fade, only to flower again in the future. Perhaps I don't have to be so hard on my self. I don't have to try to measure up, but can trust that if I grow my inner garden, it will be a place for the spirit of God to walk"