

THOUGHT FOR THE DAY: Thursday 27th July 2023

By Revd John Marshall

Gladness of the Best. Malcolm Guite

I was pleased to find this poem as I was preparing to preach on Philippians 4. 1-9

If prayer itself is gladness of the best,
Then all the best in everything is prayer
Everything excellent, from east to west.
The best of sacred, best of secular,
The Beatles sing 'you know you should be glad'
And that glad song is gladness of the best.
You know you're loved, 'you know that can't be bad,'
Your once lost love is found and you are blessed.

From that exultant sound in Abbey Road
To jubilation in the Albert Hall,
From well-honed phrases, to a well-wrought ode,
'Whatever things are lovely,' all
Brought to the source of every excellence
That God might give them back as sacraments.

After Prayer. Canterbury Press

It is good to be glad with God.