

## **THOUGHT FOR THE DAY: Friday 24<sup>th</sup> February 2023**

By Revd John Ohen

Living water.

Water continues to be a very important part of our life as in our second reading in our morning prayer yesterday. Please, may as many people as possible please join us from the comfort of your home for our Zoom prayer meeting. A group that prays together, worship together, stays together.

In our Bible reading John 4. describes Jesus in a very human term, sitting at the well, exhausted from his journey. The woman also very human appeared at the well at noon to fetch water. She was shunned because of her sins yet she was the one who became a missionary to her people.

Water becomes the sign by which both Baptism and Faith are explained to us. Water is the means, but it is the Holy Spirit flowing into us is the reality. The connection between flowing water and the outpouring of the Holy Spirit is very important. The water Jesus offers is a pure gift of God, which when we drink it becomes within us a spring of life. The Spirit helps us to understand Jesus words and respond to them directly mainly with a willing heart.

The power of prayer is very important here more so in this time of Lent. We are encouraged to Pray, Alms giving and Fasting in this period of Lent. Jesus is willing to meet every human being. It is Christ who first seeks to meet us and ask for a drink. God thirst that we may thirst for him, for in him we trust. Amen.

Bible Passage. [John 4. 1 – 26](#)

Hymn: [Let your living water flow over my soul](#)