

THOUGHT FOR THE DAY: Friday 22nd March 2024

By Revd John Marshall

The most basic and powerful way to connect to another person is to listen. Perhaps the most important we ever give each other is our attention.

..... a loving silence often has far more power to heal and to connect than the most well-intentioned words.

- Rachel Naomi Remen. From Everyday Blessings Hodder and Stoughton

I am not always good at listening, but it is good to listen. When we pray do we listen to God?

Helen Keller was a remarkable woman, deaf and blind but an amazing communicator with a great faith.

She said "Optimism is the faith that leads to achievement.

Nothing can be done without hope and confidence."

- Everyday Blessings. Hodder and Stoughton

The Holy Spirit helps too.

"It's impossible " said pride.

"It's risky," said experience.

"It's pointless " said reason.

"Give it a try" whispered the heart.

- Anon in Everyday Blessings. Hodder and Stoughton