

THOUGHT FOR THE DAY: Friday 2nd February 2024

By Revd Kit Gunasekera

Tarry with Jesus



I am enjoying reading Selina Stone's book - Tarry Awhile. It's about responding to Jesus' request to his friends, to keep him company, during the last few dark hours before his arrest.

I have also been thinking about, tarrying with Jesus, during our own dark hours. When things are hard, and we are anxious, when sleep is hard to come by, or we wake up too early, when that thing is gnawing in our minds which distracts us from the good in life, when depression arrives to suck away all energy, and temptation comes to comfort us, promising healing that it always fails to deliver, in those moments, may we choose to Tarry with Jesus. Another way to think about it, is to wait with God. To picture that God is with you, in the present, and to share the pain you carry with him. Knowing that He knows, and he understands. Unlike Jesus' friends, God won't fall asleep on the job.

Lent, which begins on Wednesday the 14th February, is specially a time to make space each day, to be with God, as Jesus was with him in the wilderness for 40 days. These times of waiting, can be healing, transformative and fruitful, as it was for Jesus.

BIBLE VERSES:

“But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

- Isaiah 40:31