

THOUGHT FOR THE DAY: Wednesday 11th January 2023

By Revd Kit Gunasekera

The GIFT of the SPIRIT

It was lovely on Sunday to see Nadine getting baptised. We were thinking about the baptism of Jesus and I am struck by how the Holy Spirit came upon Jesus.

In the river Jordan, a divine exchange took place. Jesus gives us His Spirit.

The Holy, Divine, Creative Spirit. The Energy, the Spark of life.

Jesus said that She will be our Guide, our Helper, our Teacher, our Counsellor. She will always be with us. We probably encounter her more often than we think. She speaks through our thoughts, feelings, through dreams, visions, through the bible, through creation, through pets/animals, through believers in God and those who don't, and through other more unusual experiences in life.

She whispers to us and we suddenly find peace. She rises in our hearts and we are full of Joy. She shares her compassion with us and we feel sad for the suffering of others. She pricks our conscience with Her anger, and we are motivated to combat injustice. She points the way and we know what path to take.

And when those difficult times come and we feel like the ground is shaky and that the interior of our lives are going to collapse, it is She who whispers to us "God is holding you, this will pass", and we find an inner strength.

What a gift! She is with us today. She is with us for all time.

