

Thought for the Day: Health

Look at the photo below... What might the expression on this man's face be?



Wait in silence for a moment... with prayerful expectation, pray, 'Come Holy Spirit, Thy Kingdom Come'

Read... Allow the bible verse to enliven your heart, stir your soul and spark your imagination.

Numbers 6: 24-26

The Lord bless you and keep you; the Lord make his face to shine upon you, and be gracious to you; the Lord lift up his countenance upon you, and give you peace.

Listen... Who needs this blessing today?

Respond... with prayer

With our hearts full of anxiety for the safety of the world, we cry to you, Lord, for: protection for the healthy, courage for the frightened, consolation for the bereaved, wisdom for the doctors, strength for the carers, good news for the poor, and, in the goodness of your mercy, an end to the virus. Amen.

Something to think about... In my prayers and practical action for others in need at this time, is there anyone I have missed?

Jesus said that there is no greater love than this, to lay down one's life for one's friends.