

St James News: Thought for the day – Monday 3rd August 2020

Recipe for Kindness – Revd John Marshall

Fold two hands together,
And express a dash of sorrow
Marinate it overnight
And work on it tomorrow.

Chop one grudge in tiny pieces
Add several cups of love,
Dredge with a large sized smile,
And mix the ingredients above.

Dissolve the hate within you,
By doing a very good deed,
Dash in some help for any friend,
If they should be in need.

Stir in laughter, love and kindness,
From the heart it has to come,
Mix with genuine forgiveness
And give your neighbours some.

The amount of people you can serve ,
From the recipe above,
Is in the quality of its ingredients
And unlimited amounts of love.

This recipe's for the whole wide world,
For everyone to make,
Just get it all together,
And cook for God's own sake!

Author unknown, adaption 2007 David West

Would you like to work out your own recipe using the fruits of the Spirit?

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control”

Galatians 5.22,23

Prayer:

God of all our senses, show us how to express your gospel to all through:
experiencing the aroma of the presence of Jesus in our own lives;
tasting the joy of your love in worship as we honour you;
listening for your voice in others, challenging us to be relevant for today;
seeing opportunities to quietly and noisily express your grace to a hurting
world; touching the hearts of those around us as we share your peace.
God of all creation, teach us to experience your glory through all our
senses so that we can engage creatively with our communities and share
with them your love in action. Amen.

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