

St James News: Thought for the day – Friday 31st July 2020

Tripping over with joy – Jill Howard-Gunasekera

“TRIPPING OVER JOY” by Hafiz translated by Danniell Ladinsky from ‘I Heard God Laughing: Poems of Hope and Joy’

When was the last time you tripped over? The poem below asks us how our experience may differ from that of a saint...

What is the difference
Between your experience of Existence
And that of a saint?

The saint knows
That the spiritual path
Is a sublime chess game with God

And that the Beloved
Has just made such a Fantastic Move

That the saint is now continually
Tripping over Joy
And bursting out in Laughter
And saying, “I Surrender!”

Whereas, my dear,
I am afraid you still think
You have a thousand serious moves.”

I often think children are good at recognising something great, 'wow', 'lit', 'GOAT' (greatest of all time)....' *I cribbed the teenagers' slang from an article called 'A Parent's Guide to Teen Slang in 2020'.*

Do we temper our 'wows' as we get older?

In Matthew's gospel Jesus says - "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.

What do you think of this?