

St James News: Thought for the day – Friday 14th August 2020

Learning – Maggie Marshall

Meditation: **Lord, You are the One** by Revd David Clowes

Lord, you are the God who is worthy.
You are the one to whom we give thanks and praise.
You are the one that we celebrate;
You are the centre of every song and every prayer.

Lord, you are the God that is worthy.
You are the one who is high and holy;
You are the one who is great and powerful;
You are the one who is faithful, the one we can trust.

Lord, you are the God that is worthy.
You are the one who through Christ created all things;
You are the one who through Jesus opens the door to beginning again;
You are the one, the only one who died to set us free.

Lord, you are the God that is worthy.
You are the one who has all authority in heaven and on earth;
You are the one who never leaves us and never gives up on us.

Lord, you are the God that is worthy.
You are the one, the only one we will worship;
You are the one we will praise for all eternity;
You are the one who holds time and space in the palm of your hand.

Lord, you are the God that is worthy.
You are the one who gives the Holy Spirit;
You are the one who gives gifts to your church;
You are the one who heals the sick and opens the eyes of the blind.

Lord, you are the God that is worthy.
You are the one who forgives our sin;
You are the one who makes us whole;
You are the one who is King, Sovereign, Saviour and Lord.

You are the one, the only one who is worthy.
You are the one who is there.
You are the one, and we give you our thanks and praise.

Lord, you are the God who is worthy. Lord, you are the one. Amen.

Just spend a few minutes at a time when it's convenient to you thinking of all that you have learnt and been given access to in your lives. Even when things have gone wrong or haven't happened we have learnt something – though at the time it happens we probably didn't think so. As the years have gone by though we have been able to look back at that experience and used it to help others. Think back to what we learnt in Sunday school, youth groups and at school, college, at work and how our faith has helped us to grow

(Faith Acts In Trusting Him).

God is there 24 / 7 whenever we want Him.